Mr. Lif, Pull Out Your Cut

(Verse 1)

Lif, a new state of mind, new state of being

Constantly striving to understand what you're seeing

Finding the courage to stop fleeing

Problems that lie within

So this is where we begin

Self-esteem: something that's diminishing

Look upon the faces of the youth you'll see them withering

Societal pressures can be imprisoning

Look at the effects that they have on us all is rather vividly

How many women you know with eating disorders?

How much makeup on the faces of our pre-pubescent daughters?

Dudes are acting macho and they don't know why

A famous never-written motto is that " boys should never cry"

Keep all those emotions bottled up, now what's up?

You can't communicate once you became an adult

Situations got brought 'cause you had lockjaw

Your kids ended up learning about life from a pop star

But I feel that rap is more real

Matter of fact this music's gotten me through many an ordeal

I was laying on a stretcher kicking rhymes by Eazy-E

After falling off my bike while holding food from Mickey D's

So I chilled, had to calm my mental state

Happy with the knowledge that the music helped me meditate

And while I'm healing waiting for this world to erupt

You can catch me sitting next to my crate pulling out cuts

"Pull out your cut" (Rakim...scratched)

(Spoken)

Yeah that's what I'm talking about right there

But yo kid, yo I was buggin, you remember " Watch Me Now" by Ultramagnetic?

Oh of course dog, my favorite joint though was Gang Starr

What's that joint? How's that joint go?

Wait, yo I think I remember yo

(Verse 2)

I'll flip, you know I'll flip the script

I said I'll flip, you know I'll flip the script

The Guru, he's been my idol for years

Ripping shit with Premier, making the b-boys cheer

And the GZA, Investigative Reports

He, Ghost' and Raekwon, they didn't take no shorts

Plus the R, 'cause that's the way that it has to be

These brothers redefined lyrical mastery

And I could go on cold pulling cuts for days

But I got something to say about you rappers today

Your rhymes drop in weak spurts so you bite 'til your teeth hurt

But I'm your dentist so meet my apprentice

Chucky, and Charlie Bronson from Death Wish

I couldn't hoard all of these medical skills and be selfish

It's hard to say rhymes with no incisors or canines

I kill all the weak minds, administer brain ????????

Cause I'm the type of kid that's on the positive tip

But that's because I suppress my urges to slaughter you guick

But this time I just can't fight the feeling

That's why I'm smiling as your small intestines dangle from the ceiling

You're over, as KRS has said on the track

" It means return of the real hard beats and real rap" (KRS-ONE sampled)

"Pull out your cut" (Rakim...scratched)