

# My Former Self, Have You No Shame

You said you couldn't help this  
Anymore than I could  
This pain is pulling the life support  
Just like I knew it would  
It's creeping up behind me  
Breath's on the back of my neck  
And there is no way out

Don't speak to me I'm barely holding on  
The last thing I need is an apology from you

Excuse this interruption  
It wasn't my intention  
To catch you in action  
Words don't mean a thing anymore

So please don't speak

Don't speak to me I'm barely holding on  
The last thing I need is an apology from you

Don't speak to me, have you no shame (x3)

Don't speak to me (x2)

Don't speak to me I'm barely holding on  
The last thing I need is an apology from you

The last thing I need is an apology from you (x3)