## Myers Billie, Please Don't Shout

Dead

Is that how I look

Under the covers

Arms crossed

Eves closed

Knee's bent

Naked, except for

A lucky charm that hangs itself

From my neck

Barely breathing

Defenseless

You want to know what's going on

You care about me

You can't bear seeing me like this

You don't know what to do

You need to understand

You can't cope

You want to slap me

You, you, you, you It's all about you

But

The pain I feel is mine

The thoughts I think are mine

The anger I feel is mine

The hand I hold is mine

The surrender I feel is mine

The thumb I suck is mine

The nausea I feel in the pit of my stomach

is mine

The headache is mine

Mine, mine, mine, mine

And you cannot save me

From myself

So please don't shout

Leave me alone...

please