

Nadia Gifford, Just Shout It Out

Oooo ya
Haaa-eeeeee

Pulled down by gravity
The weight of a thousand bricks, on your shoulders
It gnaws right through you, your flesh and bones cannot carry the weight
You can no longer stand it
Hold onto something strong

Before your passed out by a thousand bricks
Every brick the weight of anxiety

Why don't you shout it out
Shout your organs out
Just shout and shout and shout it out!

Oooo ya ya
Oooooooooooooo.....

The earth is shaking, that's the breath of the air
It's messing with your balance, the earth cracks open
And your on the edge, of insanity that fills your skull
Your being, your existence
You can no longer stand it
No no
Hold onto something sturdy-ooooo

Before you fall down, into darkness
A darkness that will devour you
Why don't you shout it out
Shout your organs out
Just shout and shout and shout it out!

A thousand dreams that you dreamed of, every single one coming true and more
You feel that you're the only sufferer, in a world of possibilities

Why don't you shout it out
Shout your organs out
Just shout and shout just shout it out!

You have the guts to, hit the bulls-eye
It only makes you stronger

Why don't you shout it out
Shout your organs out
Just shout and shout Just shout it out!

Why don't you shout it out
Oh just shout it out
Just shout and shout and shout it out!

Oooo ya
Oooooo.....