

Nancy Lamott, We Must Be Kind

So many things I can't control
So many hurts that happen everyday
So many heartaches that pierce the soul
So much pain that won't ever go away

How do we make it better?
How do we make it through?
What can we do
When there's nothing we can do?

We can be kind
We can take care of each other
We can remember that deep down inside
We all need the same things

And maybe we'll find
If we are there for each other
That together we'll weather
Whatever tomorrow may bring

Nobody really wants to fight
Nobody really wants to go to war
If everyone wants to make things right
What are we always fighting for?

Does nobody want to see it?
Does nobody understand?
The power to heal
Is right here in our hand

We can be kind
We can take care of each other
We can remember that deep down inside
We all need the same things

And maybe we'll find
If we are there for each other
That together we'll weather
Whatever tomorrow may bring

And it's not enough to talk about it
Not enough to sing a song
We must walk the walk about it
You and I, do or die, we've got to try to get along

We can be kind
We can take care of each other
We can remember that deep down inside
We all need the same things

And maybe we'll find
If we are there for each other
That together we'll weather
Whatever tomorrow may bring

And maybe we'll find
True peace of mind
If we always remember
We can be kind