Nancy Lamott, We Must Be Kind

So many things I can't control So many hurts that happen everyday So many heartaches that pierce the soul So much pain that won't ever go away

How do we make it better? How do we make it through? What can we do When there's nothing we can do?

We can be kind
We can take care of each other
We can remember that deep down inside
We all need the same things

And maybe we'll find
If we are there for each other
That together we'll weather
Whatever tomorrow may bring

Nobody really wants to fight Nobody really wants to go to war If everyone wants to make things right What are we always fighting for?

Does nobody want to see it? Does nobody understand? The power to heal Is right here in our hand

We can be kind
We can take care of each other
We can remember that deep down inside
We all need the same things

And maybe we'll find If we are there for each other That together we'll weather Whatever tomorrow may bring

And it's not enough to talk about it Not enough to sing a song We must walk the walk about it You and I, do or die, we've got to try to get along

We can be kind We can take care of each other We can remember that deep down inside We all need the same things

And maybe we'll find
If we are there for each other
That together we'll weather
Whatever tomorrow may bring

And maybe we'll find True peace of mind If we always remember We can be kind