## No Warning, Pushing On

With everything that goes on
When I never thought it would get worse
There always seems to be something more
That pushes me away
Pushing on. Can't stop now.
I relive. I remember. It sticks and it stays
All this time spent alone recapping the days
Pace myself - Push myself
Pushing on - I'm all I've got
I won't let it stop but I've got to slow down
Slowly I will rot looking out for all I keep around
I can't stop now