

# October Project, Now I Lay Me Down

Out of the silence  
Into the blue

You finally remember where you've been  
You finally remember who you are  
And you remember the light

Out of the spirit,  
Into the flesh--  
The animal heartbeat in the chest--  
The naked desire,  
The appetite  
But you remember the light

Now I lay me down, now I lay me down  
Now I lay me down to dream

Out of the fire  
Into the night  
Communion of body into smoke  
Human and sacred  
The sacrifice  
You will remember the light

Now I lay me down  
Now I lay me down  
Now I lay me down to dream  
Of light