One Dollar Short, Some Assembly Required

Here we go again
Running, falling, screaming
At the top of my lungs
No apparent rhyme or reason
It's been so long now
I was quiet sure I'd forgotten
It's been so long now
And I wonder how I got it wrong
We're all plastic parts
We're all just falling apart
Was there ever a time when you thought of me
Was there ever a time when you thought there'd be
Some assembly required
Stick the glue
And put me back together