One More Time, Vitality

There is a stormy ocean although it might seem calm But never judge it from the surface

The waves are being broken if they're too big and strong

And if they're weak they are worthless

When Mr. Trustee tells you that everything's alright

You feel relieved and you just close your eyes

No matter what you thing or what you want to do

Changes always take a lot of sacrifice

But there's one thing you will find worldwide

What's stronger than all

Vitality

What's necessary it's the force of life

We need it baby

The Vitality

It will survive

You just wait and see

There is a cold wind blowing but no one seems to care

We all build up a shelter hiding there

The ghettos gloomy stress who wants to face the mess

Your race or handicap makes you worthless

You do not have to be an Einstein or fool to see

The world is full of inhumanities

While waiting for a change some need a lot of strength

There's so many cages never meant for birds

All reduced to silence, they need it all

What's stronger than all... a.s.o.

Watching the waves at sea what's next to be swept away Feeling, I'm feeling the wind blowing and striking my face

Strength is what we need and baby don't you know

It's a precious feeling in our souls

What's stronger than all... a.s.o.