Operation Ivy, Caution

Caution is a word that I can't understand

C-A-U-T-I-O-N was a word I could not understand. Walked the dog with a real short leash, Turned around, saw the dog walk me.

Stainless steel and painted glass give me Pulse like a hammer and mind to match. No relief, no food, no sleep, When you're king for a day You're a whore for a week

I didn't get it then
I think I got it now
Caution my friend
Don't step in the water 'till you know you can swim.