

# Operation Ivy, Healthy Body

Expensive vitamin pills and wheat germ on your windowsill  
Your schedule's hectic and you've got no time to kill  
Earning money and you're spending it the right way  
Just in such a rush you don't know if it's night or day

5:30 get up, run run run  
Then you work eight hours  
Slaving under the gun  
Little world is based on lies lies lies  
Always rushing but you're never ever satisfied

Healthy body sick mind  
You're working overtime  
Healthy body sick mind  
Too hectic, too hectic  
Healthy body sick mind

It's just a matter of time  
Sick body sick mind!

The money you spend on running shoes could feed me for a week  
Your plans are laid so well you can't even sleep  
Pursuit of happiness got you life locked up under marshall law  
You got everything to lose so you're paranoid about some fatal flaw

5:30 get up, run run run  
Then you work eight hours  
Slaving underneath the gun  
Little world is based on lies lies lies lies lies lies lies lies lies  
Ooooooooooooooooooooooh!  
Always rushing but you're never ever satisfied

Healthy body sick mind  
You're working overtime  
Healthy body sick mind  
Too hectic, too hectic  
Healthy body sick mind  
Why don't you just unwind?  
It's just a matter of time  
Sick body sick mind!