Pale Saints, Shell

climb inside your mind and hide
throw the keys away
no one could ever know
the pain
you're going through
but i'll remember you
yes i'll remember
run and hide in your mind
run and hide don't

don't eat
don't move
you don't sleep
empty where you lie
gets farther every time
be still
you're just a shell
you do not exist the way you used to
run and hide in your mind
run and hide don't ???
learn to cry
learn to fly