

# Pete Townshend, Content

I am ready to learn and grow  
I am alone with the truth  
I am brave what is there to fear  
I am strong, God supports me  
I am patient, each moment of eternity  
I am able to help when necessary  
I am happy singing in the arms of God

I am balanced, keeping mind and heart equal  
I am complete when I forget myself  
I am receptive to each message of love  
I am responsive to all that lives  
I am happy singing in the arms of God  
Enough, I am content  
I am content