

# Plain White T's, Shine

You know it tears me up inside  
to see the feelings that you hide  
Hide inside that empty bottle  
I wish you saw how great you were  
I wish you saw what life was worth  
You wouldn't have to hide your problems  
And I don't care what you might think  
I think you've had too much to drink  
Can't even talk when you're this way

Run away, run away  
But that won't make it any better  
Run away, run away  
And make tomorrow harder to live than today

There's so much out there you could miss  
there's so much life out there to live  
If you would just believe in yourself  
You know you're better than all of this  
you know you've got so much to give  
But you're so afraid to give of yourself

There's a bright light shining inside you  
it shines out through your eyes  
Don't drown it away, don't be afraid, don't hide  
Let it shine

You say you're looking for happiness  
but when it comes, you run away from it  
You tell yourself you don't deserve it  
There's not much more that I can do now the rest is up to you  
Until you love yourself, you'll never change  
You'll keep on running  
Until you deal with today