Polopop, Feel

Sometimes when I listen carefully I hear my thoughts screaming Trying to get free Sometimes when I think aout you and me I wonder what I should be saying

Oh I can feel.. I can feel my emotions bursting from inside Oh I can feel.. And I don't think you appreciate that I can feel

How long do you think I can go on Without expressing the feelings inside of me And how strong do the thoughts I've thinking have to be 'Til they beat their way inside your head