

Rachel Fuller, Just Breathe

I hear you say
Nothing's okay
It's harder each day just to chase your fears away
It feels like a dream

The panic will pass
These things never last
We'll get a new cast and rewrite every part
And every scene

And when I believe
That we should just breathe
And then I believe
That we will just be
Just breathe
We're alive and we're free
We can touch and feel
And so I believe
That we should just breathe
Just breathe
And let yourself feel

Divided you stand
United you stall
That's how it works but it makes no sense at all
Whenever you fall

Take every cliché
That sad people say
The books on your shelf that teach you how to live your day
And throw them away

And when I believe
That we should just breathe
And then I believe
That we will just be
Just breathe
We're alive and we're free
We can touch and feel
And so I believe
That we should just breathe

And if it feels that you are tumbling down
Just hold on
There is a chance
If you can believe
All will be well if you breathe

I hear you say
Nothing's okay
It's harder each day just to chase your fears away
It feels like a dream

The panic will pass
These things never last
We'll get a new cast and rewrite every part
And every scene

And when I believe
That we should just breathe
And then I believe
That we will just be
Just breathe
We're alive and we're free

We can touch and feel
And so I believe
That we should just breathe
Just breathe
And let yourself feel