

# Rachel Fuller, Just Breathe

I hear you say  
Nothing's okay  
It's harder each day just to chase your fears away  
It feels like a dream

The panic will pass  
These things never last  
We'll get a new cast and rewrite every part  
And every scene

And when I believe  
That we should just breathe  
And then I believe  
That we will just be  
Just breathe  
We're alive and we're free  
We can touch and feel  
And so I believe  
That we should just breathe  
Just breathe  
And let yourself feel

Divided you stand  
United you stall  
That's how it works but it makes no sense at all  
Whenever you fall

Take every cliché  
That sad people say  
The books on your shelf that teach you how to live your day  
And throw them away

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And then I believe  
That we will just be  
Just breathe  
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We can touch and feel  
And so I believe  
That we should just breathe

And if it feels that you are tumbling down  
Just hold on  
There is a chance  
If you can believe  
All will be well if you breathe

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