RAMP, Helping Hands

Here we stand again chatting with our heads About all the things we think We should already have Cause we try it real hard we've given all our best But still we're so confined related to our past It's all the same It never change

Pressurised within competition Wrestling for a chance Feeding hope against the addiction Rights of an equal admission sense

Helping hands inherit lives Helping friends for us denies If we could only try

Honesty integrity
Values that no value have
All we get is the sympathy
Of a cousin of a sister's friend

Helping hands inherit lives Helping friends for us denies If we could only try Helping hands Helping hands

They twist and break our hopes Through their friendly works They drag us down and steal What is so real

So caught between our expectations And our parent lives It ain't so easy to carry on Building dreams so high

Helping hands inherit lives Helping friends for us denies