

Ray Davies, Is There Life After Breakfast?

(Ray Davies)

Lift yourself out of the doldrums
Make yourself a cuppa tea
Drag your emotions out of the gutter
Don't wallow in self pity

When you wake up, all of a fluster
Thinking life has passed you by
Give yourself a kick up the backside
Jump out of bed and punch the sky

Is there life after breakfast
Full of possibilities
Is there life after breakfast?
Yes there is, after breakfast
So don't live in agony
Is there life after breakfast?
Yes there is, after breakfast

Cheer up some, put on the kettle
There's no point in being down[?]
Make your mind up, try to forget her
Boil the tea and I'll be [?]

Is there life after breakfast?
Yes there is, after breakfast
So don't live in agony
Is there life after breakfast?
Yes there is, after breakfast

After breakfast
Life after breakfast
After breakfast

Just because all of the plumbing
Isn't all it used to be
Turn the tap, see, a little bit's coming
That must make you feel relieved

Don't turn into a total embarrassment
To your friends and family
Get out of bed, the whole day's ahead
So take the pills and drink your tea

Is there life after breakfast
Full of possibilities
Is there life after breakfast?
Yes there is, after breakfast
So don't be so depressive
Is there life after breakfast?
Yes there is, after breakfast

Is there life after breakfast
Full of possibilities
Is there life after breakfast?
Yes there is, after breakfast
Is there life after breakfast?
Is there life after breakfast?

Put the kettle on, mate