Reel Big Fish, The Joke

The old days were no fun Im not sorry that they're gone I don't miss them and I won't miss them and it was always wrong Everything I've ever done From the beginning and to the ending and things never got better, it seems like forever Since we had fun or maybe I never have fun

And this whole time! I've been around One minute up! and a hundred down uhhh ohhh

Keep on laughing, Keep attacking I'll show you what it means To keep on lying, Keep denying That there's nothing good in me I'm not worthless, I know you heard this My life's a joke and the joke's on me The joke's on me

You were always lame, a headache and a pain I don't miss you and I won't miss you I tried not to get bitter but I was such a quitter Oh yeah I had dreams but they were only ever bad dreams

And this whole time! I've been around One minute up! and a hundred down uhhh ohhh

Keep on laughing, Keep attacking I'll show you what it means To keep on lying, Keep denying That there's nothing good in me I'm not worthless, I know you heard this My life's a joke and the joke's on me The joke's on me, The joke's on me...

Well there never were any good old days Looking back I'm still amazed How everything went wrong in every way There were no good old days

Well there never were any good old days Looking back I'm still amazed That everything went wrong in every way There were no good old days (2x)

And this whole time! I've been around One minute up! and a hundred down uhhh ohhh

Keep on laughing, Keep attacking I'll show you what it means To keep on lying, Keep denying That there's nothing good in me I'm not worthless, I know you heard this My life's a joke and the joke's on me...