## Relient K, Let It All Out

Let it all out get it all out rip it out remove it don't be alarmed when the wound begins to bleed

cause we're so scared to find out what this life's all about so scared we're going to lose it not knowing all along that's exactly what we need

and today I will trust you with confidence of a man who's never known defeat but tomorrow, upon hearing what I did I will stare at you in disbelief oh, inconsistent me crying out for consistency

and you said I know that this will hurt but if I don't break your heart then things will just get worse If the burden seems too much to bear Remember the end will justify the pain it took to get us there

and I'll let it be known at times I have shown signs of all my weakness but somewhere in me there is strength

and you promise me that you believe in time I will defeat this cause somewhere in me there is strength

and today I will trust you with the confidence of a man who's never known defeat and I'll try my best to just forget that that man isn't me

reach out to me make my heart brand new every beat will be for you for you

and I know you know you touched my life when you touched my heavy heart and made it light