Rich Mullins, How To Grow Up Big And Strong

"Strong man strangle universe
He drown the stars
Blinded by the mission of a thousand wars
He fit and dominant
Not wonder why
He heed the battle cry

Strong man is survivor
He live to pound
Little wooden crosses in the bloody ground
He fit and dominant
He stand a chance
He not bound to circumstance

And the world keep on turning And the sun keep on burning And the children keep learning How to grow up big and strong How to grow up big and strong

Strong man take no prisoner
Favor no plea
He leave no gold in teeth of enemy
He fit and dominant
He rise above
He not have the word that mean love

And the world keep on turning And the sun keep on burning And the children keep learning How to grow up big and strong How to grow up big and strong

Strong man beat the plowshare
He forges sword
He take the flower and he curse the thorn
He crush the serpent
He bite the fruit
His hand is absolute

And the world keep on turning And the sun keep on burning And the children keep learning How to grow up big and strong How to grow up big and strong How to grow up big and strong

How to grow up big and strong How to grow up big and strong

(Growing up big and strong) (Growing up big and strong) (Growing up big and strong) (Growing up big and big and strong)"