Ruel, YOU AGAINST YOURSELF

I know you feel it, but you always rather bottle it up

I'm rooting for you, but you're not even trying

I want to help you, but it's hard to get through all of your walls

I hope you know that I'm rooting for ya

You made all this conflict

Brought it upon yourself

Is this what you wanted?

I can't even tell

Stuck in the thick of it (ooh-ooh)

God, aren't you sick of it by now not just a little bit? (Ooh-ooh)

It's always you against your-

Selfish ways are suffocating, I can't save you now

Oh, why's it always you against yourself?

You're on the other side of everything that anyone says

So defensive, and it's you that it's hurting

I wanna help you, but I can't, so I'm walking away

I'm rooting for ya, still rooting for ya

Wish I could be honest

Wish you'd understand

We don't talk very often

You're lost in your head

Stuck in the thick of it (ooh-ooh)

God, aren't you sick of it by now not just a little bit? (Ooh-ooh)

It's always you against your-

Selfish ways are suffocating, I can't save you now

Oh, why's it always you against yourself?

You're going out almost every night

And you wonder why you feel fucked up

Say you wanna try to live a better life

Until you realize nothing's enough

You're going out almost every night

And you wonder why you feel fucked up

Say you wanna try to live a better life

Until you realize nothing's enough

Stuck in the thick of it (ooh-ooh)

God, aren't you sick of it by now not just a little bit? (Ooh-ooh)

It's always you against your-

Selfish ways are suffocating, I can't save you now

Oh, why's it always you against yourself?