

# Ryan Adams & the Cardinals, Stop

I know a sickness  
So ancient and cross  
No crucifix  
Could ever fix enough  
In the basement of a church  
These people, they talk  
There is a line  
That must be walked  
If you wanna make it stop  
Then stop

I know a place  
Where the future is denied  
I know a hand  
That twitches inside  
For some of us the glass  
Is filled with lights  
But if the honey  
Makes you sick  
Honey, there is a line  
That must be walked  
If you wanna make it stop  
Then stop  
Stop

Slow down  
You don't have to talk  
Lie down  
Breathe  
Stop  
Slow down  
It's not your fault  
Look around  
There's so many of us  
So many of us  
You are not alone  
Ever  
Ever  
Ever

Stop

Call in the backup and the backup comes  
Nobody can help you if you won't  
Inside your chest your heart is just hurt  
Behind your eyes a need replaced a want

I know a sickness so ancient and cross  
A crucifix can never fix enough  
I know a past when the future is lost  
I know a line that must be walked

There is a darkness and there is a light  
And there is a choice.  
For a balance to be made every night  
A weakness must be found  
If you want it to stop  
Stop  
Stop