Samsaya, Good with the Bad

I do it Monday morning, I really need to think it straight I'm done being stressed about decisions I need to make Want a change of pace from fighting the [?] every day But you know what they say

When you're up You don't look down And when down You wanna come around And emotional roller-coaster straight to the ground

I take the good with the bad the good with the bad Donlt wanna let my life pass away I take the good with the bad Don't wanna be sad Tomorrow is not today

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Coz if tomorrow I should die
I know I, I rally lived my life
Coz I know
When you're up
You don't look down
And when down
You wanna come around
And emotional roller-coaster straight to the ground