Saves The Day, Ups & Downs

And I'm gonna get to the bottom of this Gonna peel back my skin and Look at myself shaking and shivering, yeah.

And I'll get the rope From in the house Survey the scene Finding two of the tallest trees And I'll tie myself up Above the cool earth To dangle in the twilight.

And as my skin collects In a pile on the ground I'll radiate heat And turn off my head And just pretend that I don't exist And I'll see clearly to the end

Of the ropes that I've been hanging from Whoa-oh-oh As they loosen from the trees I plummet to the ground To be impaled and turned around (Turn me right around) Finally free from the ups and downs.