Sesame Street, Elbows And Knees

You have two elbows You have two knees Perhaps you've wondered why you need these They can be funny looking there is no doubt But here's how elbows and knees can help you out

When you're going for a jog Or hopping 'round like a great big frog Your legs must bend to do things like these What does the bending is your funny knees

When you want to scratch your back Or swing a bat to give a ball a whack There is one thing on which you can depend You need your elbow and your arm to bend

Singing elbows and knees Elbows and knees

It sure is handy to have some of these So elbows and knees I'm recommending When arms and legs got to do some bending When arms and legs got to do some bending

Hanging down from a trapeze You need your legs bending at the knees To brush your teeth or to comb your hair You must bend your elbow so your hand will get there

Singing elbows and knees
Elbows and knees
It sure is handy to have some of these
So elbows and knees I'm recommending
When arms and legs got to do some bending
Talking 'bout elbows and knees