

# Shadows Fall, The First Noble Truth (Live)

As reality washes away the faded memories of daylight  
This is my escape  
Realization of my mind's own deceit  
Perception slips away

Lulled into a fools paradise  
Words mislead again  
The agony of imaginary sins and fears  
Truth of suffering

Buried dreams that shadow me, I feel it's all been wasted (Dreams that shatter me)  
Break my dreams to free my soul because I won't even notice (Dreams to free my soul)

Disintegration of the ego with what this mind creates  
False idea of self  
The cessation of continuity and becoming  
True enlightenment

Buried dreams that shadow me, I feel it's all been wasted (Dreams that shatter me)  
Break my dreams to free my soul because I won't even notice (Dreams to free my soul)  
Someone free me from heaven torn asunder  
Full of empty promises to be there if I wonder (Alone and wandering)

Will not remain enslaved  
This world's transparency  
I see right through  
I walk alone

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Extinction of thirst  
Extinction of desire  
Extinction of hatred  
Extinction of illusion  
This is absolute.