Shawn Mendes x Portugal, Shawn Mendes x Por

Help me, it's like the walls are caving in Sometimes I feel like giving up But I just can't It isn't in my blood

Laying on the bathroom floor, feeling nothing I'm overwhelmed and insecure, give me something I could take to ease my mind slowly

e um sonho que trago comigo se acreditares sonho contigo Keep telling me that it gets better Does it ever?

Help me, it's like the walls are caving in Sometimes I feel like giving up No medicine is strong enough

Someone help me I'm crawling in my skin Sometimes I feel like giving up But I just can't It isn't in my blood Eu vou acreditar!

Looking through my phone again feeling anxious Afraid to be alone again, I hate this I'm trying to find a way to chill, can't breathe, no

Someone Help me, it's like the walls are caving in Sometimes I feel like giving up No medicine is strong enough

Someone help me
I'm crawling in my skin
Sometimes I feel like giving up
But I just can't
It isn't in my blood
Eu vou acreditar
que vamos consequir
que vamos conquistar
nos somos Portugal
una so voz
e un coracao!

Someone help me
I'm crawling in my skin
Sometimes I feel like giving up
But I just can't
It isn't in my blood
Eu vou acreditar
que vamos consequir
que vamos conquistar
nos somos Portugal
una so voz
e un coracao!