Sick Of It All, Locomotive

Trapped in a rut and i can't get out don't see a way to be free working at it everyday nothing that i do or say can break my poverty my desperate eyes will close tonight and i hope i won't feel a thing cause i know tomorrow i'll continue with my sorrow and my desperate eyes will sting

I don't understand, is it some kind of plan to keep us in our places no matter how we try, no matter how we strive we just can't seem to get ahead

Same old stuff all over again but necessity keeps me here every week that passes i'm gettin' weaker, faster i'm living in constant fear suffering is at an all time high and they tell me i'm a lucky man if lucky is to suffer, then i wish it on another and i really don't give a damn

Day in day out, feeling the grind someway, somehow, gonna leave it behind day in day out, feeling the grind someway, somehow, gonna leave it behind day in day out, feeling the grind someway, somehow, gonna leave it behind