Slowmotion Apocalypse, Back From The Grave

Catabolic devastation Unexpected inner fear New perspective born from this Departure from myself

The end of this process It's something I can't see This inner fear is killing me The rise of agony

A kind of private day of doom Pain is everywhere

Fear! Fear! Growing in my head My mind my hell What a fucking trick!

I'd better kill the liar My newborn dirty twin It's I against me Me and my disease

Inner fear Force injected pain Burying me alive My body is my grave

Post-traumatic damage Decreasing self-esteem I am losing grip On my reality

I cannot understand this What's happening to me? I know this is the way My ego talks to me

I've got to focus on my needs And dig inside myself

Inner fear Force injected pain I'm still alive I'm back from the grave

From my grave With renewed strength Back to life It's time To kick ass again