Spin Doctors, Hard To Exist

You know how I tend to feel when nothing's happening Like some big old bird so fat that he just can't fly Far be it for me to be overreacting My body hurts like hell and all I can do is wonder why Like a man in prison, I'm occupied with busting out I'm in no position said what are these walking blues about? Hey Mary come play with me please forget your lessons Pete's off with Captain Hook and with cutlasses they play I got a feeling you and me get along fine Down on the beach in the fresh air with a jug of wine Like a man in prison I occupied with busting out.... Aww yeah, I claim to be infected Aww yeah point me in the right direction The situation it's got the best of me I gotta go on, you know, I gotta be strong But it's hard to exist......