

# Sprung Monkey, In Spite Of It All

disconnect, to protect  
space yourself from the mess  
a chance to breathe, where the air is clean  
and all of your thoughts, and all your dreams  
so how can i say to you it's only me  
so how can i say to you it's only me it's only me  
here we are again  
the beating heart the sound you hear  
is innocence that cradles fear  
and everytime i see your pain  
i know it's me that i'm to blame  
so how can i say to you believe in me  
so how can i say to you believe in me it's killing me  
impaled myself with the spears i've slung  
and i've hung myself with words said  
trust me, i don't trust myself  
it's words said, words said  
here we are again  
wondering how we ever seemed to make this moment that i  
here we are again  
wondering how we're still here trying in spite of it all  
haven't learned a thing  
like sailing on a sea that's always raging

the rains that fell for forty days  
well our anger now is more than just a reaction  
it's been building and now it won't go  
it's more than just a chain of thoughts  
that has brought us to this place  
we're just holding on to memories  
we're now dancing on their graves  
it's the words i once said to you  
that keeps you here today  
it's the words i once felt for you  
that i just can't say  
impaled myself with the spears i've slung  
and i've hung myself with words said  
trust me, i don't trust myself  
it's words said, words said  
here we are again  
wondering how we ever seemed to make  
this moment that i used to feel  
would last forever  
end of time we'd be together  
we're still here trying in spite of it all  
haven't learned a thing