Staind, Bong Hits For Breakfast

Getting up in the morning Pack myself a fresh one for my head Pour myself a cup of coffee Try to drag my sorry ass from bed

There's only one way to start the day That one way for me, I'd have to say Doing bonghits for breakfast I'm doing bonghits for breakfast

Now it's about lunch time Smoke another one I'll be fine Smoke the whole thing to my head and maybe I won't end up dead Smoke a lot of pot you see Cause I don't like reality It makes me kind of numb to all the fucked up shit we've got today

There's only one way to start the day That one way for me, I'd have to say Bonghits for breakfast I'm doing bonghits for breakfast

Now it's about supper time Roll another one I'll be fine Smoke a lot before I eat and then I eat too much to see Then I get the munchies Then I get real happy Then I start to come down so i sit down and I watch TV

There's only one way to start the day That one way for me, I'd have to say Doing bonghits for breakfast Doing bonghits for breakfast

Now it's time to go to bed Smoke another one to my head Keep some of my bad dreams away And lets me sleep my night away If I don't smoke weed before I go to bed I have the worst nightmares you've ever seen I don't if I can handle that

There's only one way to start the day That one way for me, I'd have to say Doing bonghits for breakfast Im Doing bonghits for breakfast

Getting up in the morning Pack myself a fresh one for my head Pour myself a cup of coffee Try to drag my sorry ass from bed

There's only one way to start the day That one way for me, I'd have to say Doing bonghits for breakfast I'm Doing bonghits for breakfast Hydroponic bonghits for breakfast Bring over bonghits for breakfast Join me for bonghits for breakfast Western winds bonghits for breakfast Bonghits for breakfast Doing bonghits for breakfast