

# Staind, Bong Hits For Breakfast

Getting up in the morning  
Pack myself a fresh one for my head  
Pour myself a cup of coffee  
Try to drag my sorry ass from bed

There's only one way to start the day  
That one way for me, I'd have to say  
Doing bonghits for breakfast  
I'm doing bonghits for breakfast

Now it's about lunch time  
Smoke another one I'll be fine  
Smoke the whole thing to my head and maybe I won't end up dead  
Smoke a lot of pot you see  
Cause I don't like reality  
It makes me kind of numb to all  
the fucked up shit we've got today

There's only one way to start the day  
That one way for me, I'd have to say  
Bonghits for breakfast  
I'm doing bonghits for breakfast

Now it's about supper time  
Roll another one I'll be fine  
Smoke a lot before I eat and then  
I eat too much to see  
Then I get the munchies  
Then I get real happy  
Then I start to come down so i sit down  
and I watch TV

There's only one way to start the day  
That one way for me, I'd have to say  
Doing bonghits for breakfast  
Doing bonghits for breakfast

Now it's time to go to bed  
Smoke another one to my head  
Keep some of my bad dreams away  
And lets me sleep my night away  
If I don't smoke weed before  
I go to bed I have the worst  
nightmares you've ever seen  
I don't if I can handle that

There's only one way to start the day  
That one way for me, I'd have to say  
Doing bonghits for breakfast  
Im Doing bonghits for breakfast

Getting up in the morning  
Pack myself a fresh one for my head  
Pour myself a cup of coffee  
Try to drag my sorry ass from bed

There's only one way to start the day  
That one way for me, I'd have to say  
Doing bonghits for breakfast  
I'm Doing bonghits for breakfast  
Hydroponic bonghits for breakfast  
Bring over bonghits for breakfast  
Join me for bonghits for breakfast  
Western winds bonghits for breakfast

Bonghits for breakfast  
Doing bonghits for breakfast