Staind, Let It Out

There's nothing left Nothing left to hold onto There is no reason for me to fight anymore

I let it all go It'll be easier I know The weight on my shoulders tells me so

So now I stand here
To sing another song for you
About the pain I've felt before
When there was nothing I could do

So now I stand here With nothing left to say to you And if you all could sing along It might help me make it through

I try to move on Nothing left to hurt me now I hope its all in the past to stay

Just try to see through All the fucked up shit we do And hope that we all dont drift away

So now I stand here To sing another song for you About the pain I've felt before When there was nothing I could do

So now I stand here With nothing left to say to you And If you all could sing along It might help me make it through

So let it all out Nothing left to hold onto There is no reason for me to fight anymore

I let it all go Feels so much better now I know The weight on my shoulders tells me so

So now I stand here To sing another song for you About the pain I've felt before When there was nothing I could do

So now I stand here With nothing left to say to you And if you all could sing along It might help me make it through

There's nothing left None of it's worth holding on to There is no reason for you to fight anymore