

# Staind, Let It Out

There's nothing left  
Nothing left to hold onto  
There is no reason for me to fight anymore

I let it all go  
It'll be easier I know  
The weight on my shoulders tells me so

So now I stand here  
To sing another song for you  
About the pain I've felt before  
When there was nothing I could do

So now I stand here  
With nothing left to say to you  
And if you all could sing along  
It might help me make it through

I try to move on  
Nothing left to hurt me now  
I hope its all in the past to stay

Just try to see through  
All the fucked up shit we do  
And hope that we all dont drift away

So now I stand here  
To sing another song for you  
About the pain I've felt before  
When there was nothing I could do

So now I stand here  
With nothing left to say to you  
And If you all could sing along  
It might help me make it through

So let it all out  
Nothing left to hold onto  
There is no reason for me to fight anymore

I let it all go  
Feels so much better now I know  
The weight on my shoulders tells me so

So now I stand here  
To sing another song for you  
About the pain I've felt before  
When there was nothing I could do

So now I stand here  
With nothing left to say to you  
And if you all could sing along  
It might help me make it through

There's nothing left  
None of it's worth holding on to  
There is no reason for you to fight anymore