Staind, Painful

I light another cigarette
Stop to think about it
Come to no conclusion
Take each step as it comes
Hold no prisoners except myself
Painful thoughts denied

Chorus:

Try to explain My hostile words Fuck you I piss upon you all

My head is a barricade
Filled with peaceful thoughts
With evil outcomes
No one understands
Try to break the barrier
I see no outlet
No ones there to catch me when I fall

Chorus:

Try to explain
My hostile words
Fuck you I piss upon you all

Try to explain My hostile words Fuck you I piss upon you all

piss- upon- you- all X2

Cant you see? i fuckin hate me