

# Stretch Arm Strong, Through My Actions

Ambition stifled or is it just deterred?  
Narrowness of scope, the new kind of hope  
Acceptance of impurities are few in between  
Losing myself, I was a compassionate being  
Down! I feel I'm rotting inside  
Help me! Reality subsides  
Holding on! Stop my soul from bleeding  
Carry out! The state of my mind's redeeming  
The choices I made, the price I paid  
was never enough, it will never be enough  
Don't tell me what to feel  
The truth will be revealed  
Through my actions, not my words  
I don't understand the way we treat each other  
I don't understand why we rape one another  
I won't accept what's been accepted  
I'll love all that's been neglected  
My actions show, show that I care  
I won't sit back, I won't sit back and stare  
I won't accept what's been accepted  
I'll love all that's been neglected  
I'll make a change  
And I'll make it better for you.