Sugar Ray, High Anxiety

all this frustration [x2] let it out [x2] i got a mental problem but i'm working it out whats wrong with you don't you know that'll never do gotta get it off my mind alright I can't feel any worse than I feel right now don't worry about it because i'm ok and i'm alright i'm ok and i'm alright let it out [x4] black guys help the white guys They're kinda black guys help the white guys ??? did you or did you not [x2] your God damn right I did! see the product you'll turn out like me i got alot of pent up hostility towards you gimme a beer bitch cause a good mom is hard to find I'm ok and I'm alright let it out [x4] black guys help the white guys they're kinda black guys help the white guys ??? she's got the guts! [x2] when i get my balls inside of my hands i'm your maintance man