

Superchick, One And Lonely (The Beatmart Mix)

It's not like they meant to hurt me
Watchin TV, checkin Britney, televised, my guys
Checkin out her thighs and I roll my eyes and sigh
It's not like I even need to be competing with unreality TV, fantasy
Not for a smart girl like me
Some days it's hard to be a one girl revolution

CHORUS:

Sometimes I have good days and it's good to be me
Sometimes I get the best of insecurity
And it's quite alright to be the one and only
But today I feel like the one and lonely

I'm the one lonely
It's not that I don't know beauty is only skin deep
Just the skin I'm in, not the girl within
But one imperfection takes away my grin
Not that I think I'm ugly but
Acne throws me for a backslide
I won't go outside
Makeup can't hide how I feel inside
Some days it's hard to be a one girl revolution

CHORUS

(Oh, the one and lonely)
We all have bad hair days
Those nothing good about me days
Just keep moving on cuz they'll be gone
And we'll still be here going on
We have our yesterdays
No lunch cuz the jeans don't fit days
Just keep moving on cuz they'll be gone
And we'll still be here going on

CHORUS:

Sometimes I have bad days and it's hard to be me
Sometimes I get brought down by insecurity
And I have my days where I'm the one and lonely
But today I choose to be the one and only
I'm the one and only x7