Switchfoot, Dare You To Move

Welcome to the planet Welcome to existence Everyone's here Everybody's watching you now Everybody waits for you now What happens next? What happens next?

I dare you to move I dare you to move I dare you to lift yourself up off the floor I dare you to move I dare you to move Like today never happened Today never happened before

Welcome to the fallout Welcome to resistance The tension is here The tension is here Between who you are and who you could be Between how it is and how it should be

Yeah

I dare you to move I dare you to move I dare you to lift yourself up off the floor I dare you to move I dare you to move Like today never happened Today never happened

Maybe redemption has stories to tell Maybe forgiveness is right where you fell Where can you run to escape from yourself? Where you gonna go? Where you gonna go? Salvation is here

I dare you to move I dare you to move I dare you to lift yourself Lift yourself up off the floor I dare you to move I dare you to move Like today never happened Today never happened Today never happened Today never happened