Swollen Members, Paranoia

(Mad Child)

Sometimes I stare at the wall when I'm alone in my room

I'm an abusive reclusive like Dr. Doom

Parts of darkness descend and consume me

You wont believe the gloomy thoughts that run through me

I'm proof? if you spend the night

Leave the next day like " I don't think his heads on right"

Try to talk to myself but I don't listen

I've got split personalities and competition

And which ones Amanda? I've got issues

I could be standing in front of your face and I'm not with you

Schitzophrenia, Shane's brains distorted

Sort of compulsive, obsessive, disorder

Mathematical pattern addict of depraved mind

Before I go to bed I hit the light switch seven times

Yes, um, never mind, put the knife back

Mad Child I'm outta my mind, but I'll be right back

(Chorus)

It's all in your head, you need to unwind

Your losing your grip, the paranoia never ends

It's all in your head, what you see in your mind

There's no reason to trip, the paranoia never ends

When your mind is acting wild

And you swear your insane

Can't nothing help you out

Of this trap your in

You don't know which way to turn

And your head is in pain

Can't nothing help you out

Of this insanity

(Prevail)

There's no one behind you, there's no one beside you

There's no one beside you, you know as well as I do

There's no voice inside you, that shadow isn't moving

You must be losing to confusion having illusions

Still you wanna prove it, paranoia

That someone might be coming for you, no ones trying to kill you stupid

There's no Norman Bates, peeking in your window

There's no Patrick Bateman trying to pick you up in limos

You pop another pill, to try and calm your nerves

But prescriptions make the descriptions a lot worse

Your seeing red bursts, and then your head hurts

You should have checked under the bed first

Crawling on all fours, locking all the doors

You must have flown over the cuckoos nest and lost your course

I thought I told ya, don't let that shit control ya

'Cause paranoia will destroy ya just a lesson for ya

(Moka Only)

Yo it's paránoia in your brain cell

You think the worlds looking at you but you can't tell

You need to find yourself a hobby or something and stop frontin'

Nobodys out to get you, nobody wants nothin'

I think you got a chemical imbalance

When theres silence, you swear you hear talkin and sirens

Maybe it's a different environment that you need

But whatever it is, your minds dying to be free

Your trying to perceive with the usual procedures

Your chests feeling tight, you think your having seizures

Maybe your just trying to hard to fit in

You need to let that shit go and get counselling my friend