## The Abs, Fear Is The Key

I got a feeling something's wrong You know when something just aint right I've been taken for a ride But I can't give up my fight

You buy the word from cradle to grave And you don't ask why Frightened to live, too scared to die

You gotta pull yourself away From your day to day routine Break away the chains that safely hold you down You gotta grab back for what is yours Know what I mean

Destiny aint the uncontrollable thing That they'd like you to believe They're keeping you scared 'Cos your fear is their key

A thousand times I looked back in anger
And a thousand more I looked back in shame
At the way I let them take my pride
And my heart and my soul
And left me with just a name
Then it hit me I realised that's the price that you pay
When you tow the line
So now I'm taking it back
I'm gonna claim what's mine