

# The Aquabats, Pinch And Roll

Everyday when I get in my car  
It's a Honda, you know  
I sit on down but I don't get too far  
You wanna know why?  
"cause I've gotta reach down  
And scratch an itch  
In an area, an area  
That's so sensitive  
So I do a

(Chorus)  
Pinch and Roll &lt;i>&gt;(x2)  
(Everybody do a) Pinch and Roll &lt;i>&gt;(x2)  
(If you're itchy do a) Pinch and Roll &lt;i>&gt;(x2)  
(We don't scratch, we do a) Pinch and Roll &lt;i>&gt;(x2)

So if you've got a problem  
You know what to do  
Whether you're watching TV  
Or sniffing airplane glue  
Which we don't do  
Now the girls don't know  
But us guys we all know  
How to do a little dance  
We call the Pinch and Roll  
And we do the

(Chorus)  
(Untranslatable nonsense, a sorry attempt at toasting)  
(Complete jabber in a terrible Jamaican accent)

Pick it up  
Now if you've got a rash  
Or a minor glitch  
Stick your hands on down  
And give yourself a big pinch  
Then you roll it around  
Around and round it goes  
But after you're done  
Make sure you know where it goes  
Not in your nose!

(Chorus)