

The Ben Taylor Band, Digest

When it gets me depressed I find
That it's best with my chest high
As I stretch my lungs & express my love,
Hold my breath & forget my pride,
To reflect that the rest of our lives are a measure of time.
We may as well try to express some style.
I exhale my prayer.
(And) follow it with my eyes as it fills the air.
In the back of my mind I imagine that you can hear
As if you could still be near me.

But
Lately I've been breaking my mind,
Trying my best but it's taking its time.
Cause
I've been forced to digest this wasteful emptiness.
I'm supposed to laugh as if there's nothing going on.
I know life goes on regardless,
But nothing's been the same
Since you've been gone.

Another run around the sun,
Look at the things we've seen.
What have we both become?
What have we dreamed?
Who have we lost?
And what have we won?

I never could've believed that you wouldn't have finished what we'd begun.
I never cared to imagine you could've have taken away from us.

Lately I've been breaking my mind,
Trying my best but it's taking its time.
Cause
I've been forced to digest this wasteful emptiness.
I'm supposed to laugh as if there's nothing going on.
I know life goes on regardless,
But nothing's been the same
Since you've been gone,
Since you've been gone,
Since you've been gone.

Now times change & the game plays on,
And the truth remains but the rules have all gone wrong.
Life rises, now here we are
Still looking for the place where we belong.
Stronger than habit & fantasy,
Deeper than gravity.
What will be has to be.
God damn it, I understand it.
I hadn't imagined you'd leave me stranded
On this stage in these lights where I'm standing.
No right to complain
Cause it's already more than I'd ever had asked.
But without you
The best has yet to pass & now this song is about you.

And I've been forced to digest this wasteful emptiness.
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I know life goes on regardless,
But nothing's been the same
Since you've been gone,
Since you've been gone,
Since you've been gone.

