

The Effort, My Declaration

To my future self i just want to help.
I don't want anyone else to know this ball of hate i have grown.
and i don't want anyone to feel this pain
I've had to shield from my fathers lips and his resentful fists.
I promise i wont hurt someone i bring to this earth.
I'll lead a life of love and putting everyone else above my own intentions.
consider this an intervention.
To my future life with my future wife.
I'll treat you with love and respect with every chance i get.
this is my declaration to our generation.