The Jam, The Gift

Move - move - I've got the gift of life
Can't you see it in the twinkle of my eye
I can't stand up and I can't sit down
I gotta keep movin' - I gotta keep movin'
All the time that gets wasted hating
Why don't you move together and make your heart feel better

Groove - groove - to the beat of this drum Feel it in the wind and the warmth of the sun Don't sit down and don't stand up Keep on movin' - keep on movin'

Think of the future and make it grow Why don't you move together an' make your heart feel better

Take a pinch of white and pinch of black Mix it together and make a movin' flavour -

Take a pinch of white and pinch of black
Tell you move together an' make your heart feel better -

Move - move - we got the gift of life Go and shout it from your roof mountain top Give it to me once and give it to me twice We gotta keep movin' - we gotta keep movin'!