The Methadones, Stuck In My Head

The other night I couldn't sleep

Thinking about everything and nothing

Were they a bunch of pointless thoughts that repeat or were they trying to tell me something?

Everything before me just keeps passing by

I think about everything and I can't seem to get out of my head

Life is short

There's little time

I feel it in my heart everyday

Yet I hardly notice anything

I only heard half of what you said

I try to be in the moment

Let things be as they are

But I'm busy making sense of a thousand things while I'm stuck in my head

I'm not getting anywhere

I feel like I'm dead

I've gone full circle just to find

That I am stuck in my head