Therapy?, Born Too Soon

In your weakest moments
It all comes back to you like a ghost
Just when you need some peace the most

The same endless cycle always Never ending chain of bitterness You're living the same mistakes again

And when it starts to slide, let it go, leave it behind And when it starts to slide, let it go

This is pulling you under And you're feeling that this is as low as it gets You're giving up on your saving grace

You've got to shake off the dirt that drags you Scrape up some sparks to guide you And use your arms to bring you back

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