Tionne 'T-Boz' Watkins, Champion

They got you down
You?re crying out
So close to giving up.
Feeling weak, trying to breathe
They pushed you hard enough.
Don?t have to take it anymore
Girl, you were raised too tough
So show them you?re a fighter
And put on your boxing gloves!
It seems they underestimated you again
Show them what you?re made of
Show them what you?re made of!
Don?t let them think they got the upper hand again!
Show them what you?re made of
Show them what you?re made of!

Any war you can win, if you stay strong!
Baby you?re a champion!
Believe that you?re a champion!
Nothing is impossible
For you to overcome
If you can see the champion
Baby you?re a champion!

You?re feeling lost, darkness falls
And you keep stumbling
Trying to find, peace of mind
The walls are closing in
Don?t have to just surrender
Girl, you were raised to win
Keep on fighting back
Just keep on struggling!
It seems they underestimated you again
Show them what you?re made of
Show them what you?re made of!
Don?t let them think they got the upper hand again!
Show them what you?re made of
Show them what you?re made of!

Any war you can win, if you stay strong!
Baby you?re a champion!
Believe that you?re a champion!
Nothing is impossible
For you to overcome
If you can see the champion
Baby you?re a champion!

Trust me, I?ve walked a thousand miles
in every pair of shoes that you own!
(You?re not alone!)
In your darkest days don?t be afraid,
Just keep standing strong, my champion!

Any war you can win, if you stay strong!
Baby you?re a champion!
Believe that you?re a champion!
Nothing is impossible
For you to overcome
If you can see the champion
Baby you?re a champion!
Champion, champion!
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