## Trace Adkins, Help Me Understand

Once in a lifetime You'll open up your heart Maybe once in your lifetime You'll swear to never be apart You think your love's on solid ground Then out of the blue, it all comes tumblin' down Who's gonna hold me tonight When I'm feeling lonely Who's gonna show me the light 'Cause I need to know With all the things we've go How can love just stop Tell Me Somebody help me understand And my picture in your locket What will you do with it now All our friends and all our memories Tell me how we sort them out What's yours is yours What's mine is mine Is that all that's left After all this time Who's gonna hold me tonight When I'm feeling lonely Who's gonna show me the light 'Cause I need to know With all the things we've go How can love just stop Tell Me Somebody help me understand Help me understand Why I'm not part of our plan And you don't need me anymore Help me understand Why I still wanna be where you are Even though I know in my hear You don't love me anymore Who's gonna hold me tonight When I'm feeling lonely Who's gonna show me the light 'Cause I need to know With all the things we've go How can love just stop Tell Me Somebody help me understand