Underoath, In Regards To Myself

Wake up! Wake up! Wake up! This is not a test! It's time to meet the concrete Get it off your chest So steady your hand before your face and concentrate Theres gotta be some stable ground We have to walk on

So tear another page from the book Are you asleep or just alone? Clear this room from your lungs

Pull yourself together Pull yourself together, man Pull yourself together Pull yourself together

On your back, You're sleeping in a bed of shame Bring some new life into this room It's what keeps you coming back Made up of insatiable songs Bury your head in your hands and sing it to yourself

Just what are you so afraid of? What are you so afraid of? You're staring truth in the face So come on down What are you so afraid of?

You're busy living now, aren't you? You're busy making vows You're coming unglued

Time is shorter than you know I know ??? So why don't you take steps away from being alone I swear, it's not too late for you

It's all worth reaching for The hands will pull you out

Wake up! Wake up! Wake up!